

A Superhero Prayer

The Cross

In the name of the Father;
and of the Son; and of the Holy Spirit. Amen.

The Invitatory Bead

Our Father in heaven, 
hallowed be your name,
your kingdom come,
your will be done, on earth as it is in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

4 Cruciform Beads

Oh Lord, hear my prayer, O Lord, hear my prayer,
When I call, answer me.
O Lord, hear my prayer, O Lord, hear my prayer,
Come and listen to me.

28 Weeks Beads

7 Adoration Prayer Beads

On each bead, name something wonderful about God.
For example: God is loving, God loves the world, etc.

7 Confession Prayer Beads

On each bead, tell God something you did that you wish you
hadn't done, or something you didn't do, but wish you had done.

7 Thanksgiving Prayer Beads

On each bead, tell God something you are thankful for.

7 Supplication Prayer Beads

On each bead, say a prayer asking God
for something, either for yourself or others.

A Superhero Prayer

The Cross

In the name of the Father;
and of the Son; and of the Holy Spirit. Amen.

The Invitatory Bead

Our Father in heaven, 
hallowed be your name,
your kingdom come,
your will be done, on earth as it is in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

4 Cruciform Beads

Oh Lord, hear my prayer, O Lord, hear my prayer,
When I call, answer me.
O Lord, hear my prayer, O Lord, hear my prayer,
Come and listen to me.

28 Weeks Beads

7 Adoration Prayer Beads

On each bead, name something wonderful about God.
For example: God is loving, God loves the world, etc.

7 Confession Prayer Beads

On each bead, tell God something you did that you wish you
hadn't done, or something you didn't do, but wish you had done.

7 Thanksgiving Prayer Beads

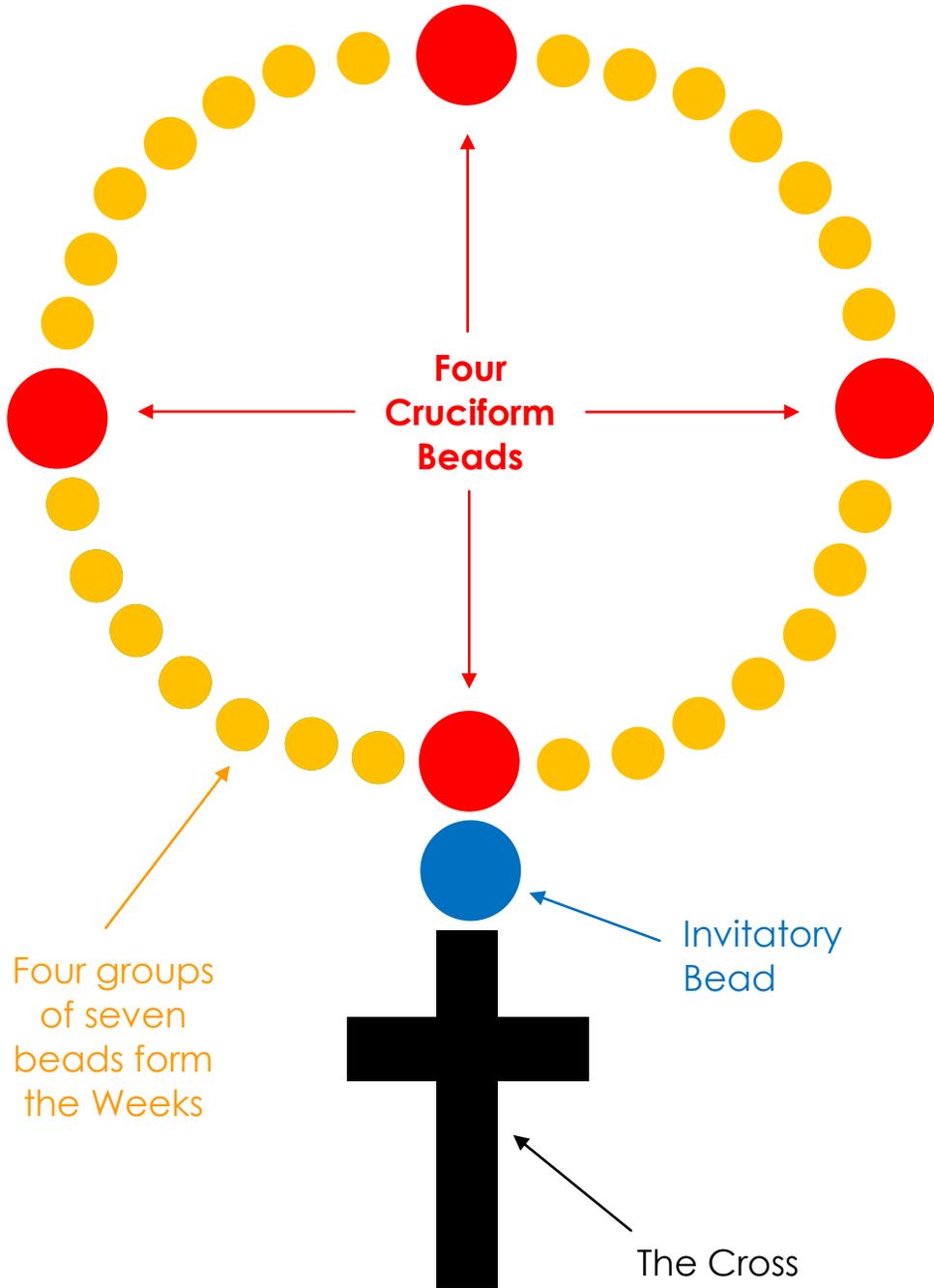
On each bead, tell God something you are thankful for.

7 Supplication Prayer Beads

On each bead, say a prayer asking God
for something, either for yourself or others.

Super Prayer Beads

Super Prayer beads bring us more readily into the presence of God—mind, body, and spirit. Holding each successive bead between our fingers helps to give us laser focus, keeping our mind from wandering and our body still.



Super Prayer Beads

Super Prayer beads bring us more readily into the presence of God—mind, body, and spirit. Holding each successive bead between our fingers helps to give us laser focus, keeping our mind from wandering and our body still.

